



CAMBERLEY TOWN FC LTD

CTFC-F-H&S-CV19-01 RISK ASSESSMENT FORM

Issue No: 2

Date of Issue: 10/06/20

Task Reference: 01/RA/ Covid-19	Persons at Risk/Affected Groups	
Task Description: Football activities including training and trials	A: CTFC Players	E: Trialists
Item being Risk Assessed: Spread of Covid-19 during the task at the locations identified.	B: CTFC Staff	
Teams Relevant to: U18's / U19's / 1 st Team	C: Parents	
Task Location: Krooner Park and Public Recreation Grounds	D: Members of the public	

S – Severity

P – Probability

RL – Risk Level

List Identified Hazards	Who (or what) might be harmed?	S	P	RL before controls	Specify Existing Control Measures and, where relevant, list any Additional Control Measures required for work to proceed	S	P	Final RL with controls
Spread of Covid-19	A+B+C+D+E	Cr	P	High	<p><u>Do not leave home to come to football if you or any member of your household has any of the symptoms of COVID-19 or if advised to self-isolate by an NHS Contract Tracer or the NHS App – please follow government advice on isolation.</u></p> <p><u>Hand Washing</u></p> <ul style="list-style-type: none"> • Hand washing facilities with soap and water in place. • Stringent hand washing taking place. • See hand washing guidance. • https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/ • Gel sanitisers in any area where washing facilities not readily available <p>Players/staff to be reminded on a regular basis to wash their hands for 20 seconds with water and soap. Also reminded to catch coughs and sneezes in tissues – Follow Catch it, Bin it, Kill it and to avoid touching face, eyes, nose or mouth with unclean hands.</p> <p>Players/staff should wash their hands at hand wash stations immediately upon arriving to training. Each training station should have hand wash stations and as players enter / leave each training station, the players/staff should wash their hands before going home. [Administrative Controls element of the Hierarchy of Controls!]</p> <p>Bins should be placed at each hand wash station.</p>	Cr	R	Medium



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All players / staff should comply with instructions regarding Covid-19 prevention

Social distancing to be maintained

Social Distancing - Reducing the number of persons in any work area to comply with the 2-metre (6.5 foot) gap recommended by the Public Health England. [Administrative Controls element of the Hierarchy of Controls¹]

Redesigning processes to ensure social distancing in place. Marker tap is place on the floor at the entrance of Krooner Park to ensure that any queuing at hand wash stations remains socially distanced. [Administrative Controls element of the Hierarchy of Controls¹]

Drills are designed to ensure that the 2m rule is observed and drills involving queuing should be avoided or set up to observe the 2m rule. [Engineering Controls element of the Hierarchy of Controls¹]

Players are encouraged to wear gloves and a snood as a face covering. [PPE element of the Hierarchy of Controls¹]

Any person showing symptoms of COVID 19 (cough or temperature) will be requested to leave.

Where multiple groups are stacked one after the other, to offer opportunity for all within the regulations set, then a one-way system is in operation, the entrance will be in from the turnstile gate, the exit will be through the emergency exit behind the dugout. In addition there should be a time buffer in between sessions of at least 15 minutes.

If a player/staff or someone in their household is designated 'clinically extremely vulnerable' and has been told to 'shield' by the NHS, they are not permitted to engage in club activities until the government permit that category of individuals to such activities. [Elimination element of the Hierarchy of Controls¹]

If anyone needs clinical advice, they should follow government advice and go online to <https://111.nhs.uk/covid-19> or call 111 if they don't have internet access. In an emergency, call 999 if they are seriously ill or injured or their life is at risk.



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Changing Rooms	A+B+E	Cr	P	High	<p>The changing rooms at Krooner Park, whilst will be open to allow access to the toilet, are closed, players / staff are not permitted to use them for any other reason other than using the toilet. Players are instructed to come already changed.</p> <p>Players will not be allowed to leave their belongings in the changing rooms instead, at each training station, socially distanced bag and drink bases are set up and marked with posters to ensure socially distancing is maintained and still allows the players to store their stuff safety.</p> <p>All CTFC Personnel to comply with site instructions regarding Covid-19 prevention</p>	Cr	I	Low
Equipment	A+B+E	Cr	P	High	<p>Players / staff have been told to bring their own water bottles filled with drink and it has been made clear that club water bottles will not be used.</p> <p>At Krooner Park, socially distanced bag and drink stations are set up and marked with posters to ensure social distancing is maintained and still allows the players to store their stuff safety.</p> <p>At public recreation grounds, the coaching team will arrive ahead of the players and place numbered cones 2m apart and players will be allocated a number and that is the place where they leave their belongings whilst changing.</p> <p>SARS-CoV-2 (Covid-19) has been found to remain on surfaces for up to 72 hours all-be-it with a greatly reduced viral load.^{2,6} The research did indicate a difference depending on the environment, but taking the worst possible case scenario the following results were found:</p> <p>Copper – Virus is evident up to 4 hours after exposure.² Cardboard – Virus is evident up to 24 hours after exposure.² Printing Paper - Virus is evident up to 3 hours after exposure.⁶ Stainless Steel – Virus is evident up to 72 hours after exposure.² Plastic – Virus is evident up to 72 hours after exposure.² Cloth - Virus is evident up to 24 hours after exposure.⁶ Wood – Virus is evident up to 24 hours after exposure.⁶ Glass – Virus is evident up to 48 hours after exposure.⁶ Money - Virus is evident up to 48 hours after exposure.⁶</p> <p>On stainless steel the half-life was 5.6hrs and on plastic the half line was 6.8hrs.²</p>	Cr	I	Low



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				High	<p>The research suggests that Covid-19 is more stable on stainless steel and plastic². This has an implication on football as most of the equipment is made of these two compounds i.e Cones, poles, ladders, hurdles, goals, footballs.</p> <p>To prevent the spread of the disease staff will clean the equipment using standard disinfection methods.⁶</p> <p>It has been found that SARS-CoV-2 has transferred from infected surfaces to shoes.⁴ So players are reminded of the importance of keeping their boots well cleaned.</p> <p>All CTFC Personnel to comply with site instructions regarding Covid-19 prevention.</p>			Low
Terrace, Concourses and stands (Krooner Park ONLY)	A+C+D	Cr	O	High	<p>Parents / Spectators are to be discouraged from attending to watch from inside the ground. Entrances are to have social distance markers on the ground. Common touch points are to be continuously washed. A hand wash station is to be located at the entrance and exit.</p> <p>Outside the virus is less likely to survive for long periods of time on touch points. After 60 minutes of direct UV radiation (Sunlight) it is thought that this results in the destruction of viral infectivity at an undetectable level.³</p> <p>Players that arrive early for their session should wait in the stand and sit on a seat that is designated with a green tick. These seats have been assessed and positioned so it meets the social distancing requirements.</p>	Cr	I	Low
Club House / buildings	A+B+C+D+E	Cr	P	High	<p>No access to the club house or any building will be permitted unless in an emergency or to use the welfare facilities.</p>	Cr	I	Low
Pre-existing health conditions	A+B+C+D+E	C	F	High	<p>Information documents are sent to participants explaining that players / staff that are clinically extremely vulnerable and placed in the high risk category⁵ then they are not to train/trial and alternative arrangements will be made when it is deemed safer. This is the same should they have someone in their household and are shielding the individual.</p> <p>Furthermore, the information document lists those classed as 'clinically vulnerable' and placed in the moderate at risk group⁵ and suggest they do what is best for them and their family and make a case by case decision on whether it be appropriate to train.</p>	C	I	Low



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Group Size	A+B+E	Cr	O	High	<p>Sessions will be socially distanced in accordance with government regulations and meet the FA requirements.</p> <p>Group sizes will not exceed the regulations of the government which set out the maximum number of people allowed to gather.</p>	Cr	R	Medium
Use of vehicles	A+C	Cr	O	High	<p>Players should avoid where possible car sharing and travelling to the venue in a car driven by someone outside their household. The club have no control over this and remind players of the government regulations and suggest that where this is not adhered to, face coverings are worn when the 2m distance is not observed.</p> <p>When parking cars in the car park, the drivers should leave a 4m gap between cars to ensure social distancing is maintained.</p>	Cr	I	Low
Use of welfare facilities	A+B+C	Cr	P	High	<p>Players are encouraged to use the toilet at home before coming to training.</p> <p>At Krooner Park all five toilets will be open, but only one person will be permitted to use it at a time. Players will not use public toilets at any public recreation ground. Players are encouraged to follow good toilet etiquette and flush toilets after use and to lift the seat when standing to urinate. According to research SARS, which is the agent that is considered the novel coronavirus (Covid-19 is SARS-CoV-2) can last in urine for up to 72hours and up to 96hours in faeces.³</p> <p>Queuing must maintain the 2m Rule. All persons are to wash their hands when entering and exiting the area.</p> <p>SARS-CoV-2 stays viable in an aerosol (attached to particles that stay aloft in the air) form for up to 3 hours at room temperature.² So it is important to ensure that there is a good flow of air, windows and doors should be kept open, where they possibly can and in a way that does not compromise the safeguarding principles of the player / staff</p> <p>Players will not be permitted to shower on site.</p> <p>Hand hygiene should be observed at all times.</p>	Cr	I	Low
PPE (This is included despite it clearly being a control)	A+B+C	Cr	P		<p>Players / Staff are encouraged to wear gloves and use a snood as a face covering, however, in accordance with the hierarchy of controls¹ the club recognises that PPE is to be used as the last resort to protect players/staff against the coronavirus.</p>	Cr	I	Low



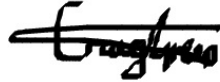
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measure because the HSE list it for assessment)					[Personal protective clothes and equipment element of the Hierarchy of Controls ¹ Non-surgical face masks will be made available at the Entrance hand wash station should parents consider it necessary to watch sessions / trials and can be worn by them if they wish, however, it is not mandatory as it is possible to maintain social distancing.			
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Name of Document Originator	Craig Green	Tel. No.	07528336290	Signature		Date of Risk Assessment	10/06/2020
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References

- 1 – de Castro AB. 'Hierarchy of Controls': Providing a framework for addressing workplace hazards. American Journal of Nursing. 2003;103(12):104
- 2 – Dr van Doremalen N, Bushmaker T, Morris DH et al. Aerosol and surface stability of SAR-CoV-2 as Compared with SARS-CoV-1. The New England Journal of Medicine. 2020;382:1564-1567
- 3 - Duan SM, Zhao XS, Wen RF, et al. Stability of SARS coronavirus in human specimens and environment and its sensitivity to heating and UV irradiation. Biomed Environ Sci. 2003;16(3):246-255.
- 4 - Ong SWX, Tan YK, Chia PY, et al. Air, Surface Environmental, and Personal Protective Equipment Contamination by Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) From a Symptomatic Patient. JAMA. 2020;323(16):1610–1612.
- 5 – NHS Digital. Coronavirus (COVID-19): Shielded patients list. <https://digital.nhs.uk/coronavirus/shielded-patient-list> Updated June 5, 2020:8:26AM. Accessed June 10 2020.
- 6 - Chin AWH, Chu JTS, Perera MRA, Hui KPY, Yen H, Chan MCW, et al. Stability of SARS-CoV-2 in different environmental conditions. [https://www.thelancet.com/journals/lanmic/article/PIIS2666-5247\(20\)30003-3/fulltext#sec1](https://www.thelancet.com/journals/lanmic/article/PIIS2666-5247(20)30003-3/fulltext#sec1) Published April 2, 2020. Accessed June 10, 2020.



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PROBABILITY SEVERITY	FREQUENT (F) Not surprised, will occur several times.	PROBABLE (P) Occurs repeatedly / an event to be expected.	OCCASIONAL (O) Could occur some time.	REMOTE (R) Unlikely though conceivable.	IMPROBABLE (I) So unlikely that probability is close to zero.
CATASTROPHIC Multiple fatalities on site, or a single death off site. (C)	IN	IN	IN	H*	M
CRITICAL Single fatality and/or multiple severe injuries or occupational illness on site; injury or illness off site. (Cr)	IN	IN	H*	M	L
SERIOUS Single severe injury or occupational illness; and/or multiple minor injuries or minor occupational illness (S)	H	H	M	L	A
MINOR Minor injury / short term absence. (M)	M	M	L	L	A
NEGLIGIBLE Trivial injury (First Aid only) / plant damage (N)	M	L	A	A	A